

**A SERVICE OF PRAYER FOR THE MORNING  
(To be used each day, Monday to Saturday)**

*We unite as part of the family of God, separated by distance but united in common accord. Before you pray, you might like to light a candle and use the following words.*

Give thanks to the Father, who has delivered us from the dominion of darkness and made us partakers in the inheritance of the saints in light.

We light this candle as a reminder that Jesus Christ is the light of the world. A light no darkness can quench

*The candle is lit,*

I weave a silence on to my lips  
I weave a silence into my mind  
I weave a silence within my heart  
I close my ears to distractions  
I close my eyes to attractions  
I close my heart to temptations

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Silence is kept.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

**Psalms**

**Monday - 44**

**Tuesday – 48**

**Wednesday – 119 (v 57 – 80).**

**Thursday - 57**

**Friday – 51**

**Saturday – 98**

**Reading and Reflections for the Week:**

**Reflections for this week can be found in "Reflections for Daily Prayer" and have been written by Brother Samuel SSF, (he lives in a community of Franciscan brothers in East London).**

**Monday – Acts 1, 1 – 14.**

**Tuesday - Acts 1, 15 – end.**

**Wednesday – Acts 2, 1 – 21.**

**Thursday – Acts 2, 22 – 36.**

**Friday – Acts 2, 37 – end.**

**Saturday – Luke 11, 27 – 28.**

**Some Prayers linked to the readings:**

Acts 1;1 – 2:47

Almighty God, our heavenly Father, you called your Son to be with you in his ascended majesty.

Grant that we who walk in his way may be so filled with the Holy Spirit that we may be faithful to our life's end.

To the glory of him who died and rose again, and reigns now with you and the Holy Spirit, ever one God world without end. Amen.

Come Holy Spirit,  
breathe life into these dry bones,  
that, empowered by you,  
we will be faithful witnesses  
to the ends of the earth,  
to the glory of Jesus,  
our crucified, risen and ascended Lord. Amen.

Almighty Father,  
who sent the Holy Spirit upon your church,  
empower us to live the life of faithful witnesses,  
that in all we say and do  
we may bring glory to the holy name of Jesus,  
who ever reigns with you and the Holy Spirit,  
one God, world without end. Amen.

*Acts 2:1-21*

Lord Jesus,  
you have called us into the fellowship of all your saints.

May we walk faithfully in the footsteps of those early disciples and like them learn to commit ourselves to you, to one another and learning together; to the breaking of bread and faithful prayer. May we demonstrate to the world the depth of our love, that they, like those of old may marvel at how we love one another. Amen.

*Acts 2:42-47*

## Prayers

**Our Father, which art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done,  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive them that trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

## Prayer for each day

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

## 15<sup>th</sup> August, The Blessed Virgin Mary.

Almighty God, who looked upon the lowliness of the Blessed Virgin Mary and chose her to be the mother of your only Son; grant that we who are redeemed by his blood may share with her in the glory of your eternal kingdom; through Jesus Christ our Lord.

## For those who are ill

God of compassion, be close to those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. Amen

## Our country

Almighty God, we give thanks for the many people who have responded to the call for help; for those retired people who have returned to work, and those who have volunteered to care for others.

Continue to stir in all of us a concern for our neighbour, that no one will be forgotten or neglected. As the crisis continues, so may the foundations of society be reset towards a more caring and compassionate community that cares for all. We pray in the name of Jesus, the good shepherd.

Almighty God, we pray for the leaders of nations at this time of crisis. Guide and direct them to consider the needs of all. May the nations unite to work together to bring about a solution to the Coronavirus. We also pray for those places in the world where there continues to be warfare and bloodshed. Comfort and support the victims who are injured or homeless, and strengthen the many agencies which bring aid. Amen.

## For Economic Recovery:

Eternal Father, we are aware of the inequalities in our society. We pray that this time of pandemic will give us a determination to help the underprivileged and disadvantaged. We pray that there might be a political will to ensure that those who have been made redundant and those facing financial difficulty or collapse will not be left in distress. It is our hope that our country will be able to re-establish an economy which can provide for all, that elsewhere in the world the poor will not be further undermined, and that recovery will not bring exploitation. We pray that nations will unite to put greater emphasis on sharing and giving rather than economic status. Amen

## For hospital staff and medical researchers

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work many will be restored to health; through Jesus Christ our Lord. Amen.

## Ourselves

Loving God who has called us to serve you, may we be people of stillness and prayer, seeking to discern your purposes in the events around us. May we wait upon you before we rush into endless activities. Amen.

O gracious and holy Father,  
give us wisdom to perceive you,  
diligence to seek you,

patience to wait for you,  
eyes to behold you,  
a heart to meditate upon you,  
and a life to proclaim you,  
through the power of the spirit  
of Jesus Christ our Lord.

## **Monday**

### **Prayers about the outbreak**

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide, we may so pass through things temporal that we lose not our hold on things eternal; through Jesus Christ our Lord. Amen.

## **Tuesday**

### **For the world**

At this time of crisis and turmoil throughout the world, we pray for world leaders, whose decisions and policies have the potential to impact the lives of millions of people - people who they may never meet, know, or be aware of, but whose lives are dependent upon the decisions of others. Father God, we pray that your spirit will fill our leaders' hearts and minds, that they might hear the voices of the poor, the oppressed, the down-trodden and the vulnerable. We pray that human rights and freedom may everywhere be respected. Help our leaders to see the impact of their actions, and the potential to release healing and hope through just policies.

## **Wednesday**

Gracious God, give skill, sympathy and resilience to all who are caring for the sick, and your wisdom to those searching for a cure. Strengthen them with your Spirit, that through their work

many will be restored to health; through Jesus Christ our Lord. Amen.

Lord Jesus Christ, you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to tend the sick, and to assure the isolated of our love, and your love, for your name's sake. Amen.

## **Thursday**

We pray for our families and all who are close to us, that in these testing times they will be protected from harm. Give strength to all who are unable to visit families, children or grandchildren and give them a hug, that soon these simple pleasures will be allowed, meanwhile may they be comforted in love and lifted by hope. We give thanks for all our Doctors, Nurses, Carers and Volunteers who are working long, hard hours to tend those who are ill, in pain or in need of help. We ask this in Jesus' name.

## **Friday**

### **For the bereaved**

We pray for all who have lost their lives, for the bereaved and for all who have been unable to say goodbye to their loved ones. We give thanks that we have known them..... Father, Son and Holy Spirit grant us, with them a share in your eternal Kingdom. **Amen.**

### **For teachers and students**

We pray for children and young people who are missing the support they normally receive from friends and teachers. Help us to remember, Lord, those children who are locked into unhappy and difficult situations. Those who are silenced, those who are beaten, those who are abused. We pray for the light of your love to shine where darkness and fear prevail.

We pray for children everywhere and, especially, for those children who are still unable to attend school and continue their education. We thank you for the parents who are trying hard to supervise home education and keep their children motivated but we remember those children who have no internet facilities and no one to help them in their learning. We pray that they will soon be able to return to some form of formal education so that

the gap between those who are still learning and those who are not will begin to close.

### **The gospel**

Gracious and merciful God, for our sake your Son became incarnate and suffered death upon the cross; have mercy on all who have not known you or who deny the faith of Christ crucified, and take from us all hardness of heart and contempt of your word; for the sake of our Saviour Jesus Christ.  
Amen

### **The Blessed Virgin Mary.**

Almighty God,  
who alone knows the course of time and history,  
may we, like your servant Mary  
see the world through your eyes,  
where the weak and poor are raised up  
and those who keep the faith will be rewarded.  
For in you we will remain faithful and  
strong. Amen.

*Luke 1:39-45*

### **For the Christian community**

We are not people of fear:  
we are people of courage.  
We are not people who protect our own safety:  
we are people who protect our neighbours' safety.  
We are not people of greed:  
we are people of generosity.  
We are your people God,  
giving and loving,  
wherever we are,  
whatever it costs  
For as long as it takes  
wherever you call us.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and for evermore. Amen.

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'I weave a silence' is from David Adam 'Edge of Glory'

**A SHORT SERVICE OF PRAYER FOR LATER IN THE DAY**

**(to be used each day, Monday to Saturday.)**

*We unite as part of the family of God, separated by distance but united in common accord.*

*Before you pray, you might like to light a candle and use the following words.*

Give thanks to the Father, who has delivered us from the dominion of darkness and made us partakers in the inheritance of the saints in light.

We light this candle as a reminder that Jesus Christ is the light of the world. A light no darkness can quench

*The candle is lit,*

I weave a silence on to my lips  
I weave a silence into my mind  
I weave a silence within my heart  
I close my ears to distractions  
I close my eyes to attractions  
I close my heart to temptations

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places.

Blessed be you, Father and creator of all things. We thank you for the gift of this day now passing, and we join with all heaven and earth in worship and praise

Glory to the Father who has created us.  
Glory to the Son who has redeemed us.  
Glory to the Spirit who has empowered us.

**Psalms**

**Monday- 47**  
**Tuesday - 50**  
**Wednesday – 59**  
**Thursday – 62**  
**Friday – 38**  
**Saturday – 132**

**A reading**

**Monday Mark 1, 1 – 13.**  
**Tuesday Mark 1, 14 – 20.**  
**Wednesday Mark 1, 21 – 28.**  
**Thursday Mark 1, 29 – end.**  
**Friday .Mark 2, 1 – 12.**  
**Saturday Acts 1, 6 – 14.**

**Prayers**

**Some Prayers linked to the readings:**

Mark 1;1-2;12

Eternal God,  
grant that your servants may have the knowledge of sins forgiven and new birth in your Son. May we who have begun to walk in the light continue in the same all the days of our life. Amen.

Almighty and sovereign God,  
you rule over all eternity.  
When things are dark around us,  
help us to believe that you are in control and that you have a purpose for all humanity. Amen.

Mark 1:14-20

Heavenly Father,  
we pray this day for all who are ill,  
that you will comfort them and  
bring them to wholeness  
through the Holy Spirit.  
Strengthen and give wisdom  
to all who care for them.  
This we ask in the name  
of your Son Jesus Christ. Amen.

Mark 1:21-25

Lord Jesus, without you we can do nothing,  
help us to follow your example  
and always seek to nurture our inner life through  
prayer,  
that we will then be open to the Holy Spirit  
and able to minister your love and grace to others.

Mark 1:29-39

**Our Father, which art in heaven,  
hallowed be thy name;  
thy kingdom come;**

**thy will be done,  
in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive them that trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**

### **Prayer for the day**

Almighty God, who sent your Holy Spirit to be the life and light of your Church: open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love and joy and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

### **15<sup>th</sup> August, The Blessed Virgin Mary.**

Almighty God, who looked upon the lowliness of the Blessed Virgin Mary and chose her to be the mother of your only Son; grant that we who are redeemed by his blood may share with her in the glory of your eternal kingdom; through Jesus Christ our Lord.

### **Some suggested prayers:**

Merciful God, we entrust to your tender care those who are ill or in pain, knowing that whenever danger threatens your everlasting arms are there to hold them safe. Comfort and heal them, and restore them to health and strength; through Jesus Christ our Lord. Amen.

Almighty God, we give thanks for the many people who have responded to the call for help; for those retired people who have returned to work, and those who have volunteered to care for others.

Continue to stir in all of us a concern for our neighbour, that no one will be forgotten or neglected. As the crisis continues, so may the foundations of society be reset towards a more caring and compassionate community that cares for

all. We pray in the name of Jesus, the good shepherd.

Jesus the anointed, teach us to honour those who need our help, and we shall give without condescension, and receive with humility.

Jesus, receive our worship. Show us how to give what we have, for nothing is too big or small for us to offer, or for you to use. Amen.

### **For Economic Recovery**

Eternal Father, we are aware of the inequalities in our society. We pray that this time of pandemic will give us a determination to help the underprivileged and disadvantaged. We pray that there might be a political will to ensure that those who have been made redundant and those facing financial difficulty or collapse will not be left in distress. It is our hope that our country will be able to re-establish an economy which can provide for all, that elsewhere in the world the poor will not be further undermined, and that recovery will not bring exploitation. We pray that nations will unite to put greater emphasis on sharing and giving rather than economic status. Amen

### ***Monday***

We pray for our families and all who are close to us, that in these testing times they will be protected from harm. Give strength to all who are unable to visit families, children or grandchildren and give them a hug, that soon these simple pleasures will be allowed, meanwhile may they be comforted in love and lifted by hope. We give thanks for all our Doctors, Nurses, Carers and Volunteers who are working long, hard hours to tend those who are ill, in pain or in need of help Amen.

### ***Tuesday***

#### **For teachers and students**

We pray for young people in the middle of college and university courses who are struggling to keep up with their studies and face an uncertain future. Help them to remain motivated and to keep going with their course work. We thank you for the

teachers and lecturers who are doing their best to support their students, trying to make sure they complete their studies and get the grades they deserve. We pray for young people due to start further education in September in these difficult and uncertain times.

### **Wednesday**

Almighty God, we pray for the leaders of nations at this time of crisis. Guide and direct them to consider the needs of all. May the nations unite to work together to bring about a solution to the Coronavirus. We also pray for those places in the world where there continues to be warfare and bloodshed. Comfort and support the victims who are injured or homeless, and strengthen the many agencies which bring aid. Amen.

We pray for our local villages and the people who live in them.

Open our eyes to the challenges that they face and help us to find practical ways of giving our support. Open our ears to the words that they say as we listen, understand and respond to their words. Open our hearts to their joy, their frustration and their suffering so that we can stand by them in the good times and the bad times.

### **Thursday**

#### **The world**

Lord Jesus Christ, Prince of Peace, we remember before you those places in the world where there is an absence of peace, where blood is shed in the pursuit of political gain. Stir in the hearts of men and women of violence the desire for peace; strengthen the work of those who bring aid to the injured and suffering, comfort and protect those who are in danger or have been made refugees. This we ask in your name. Amen.

### **Friday**

#### **For teachers and students**

Eternal God, bless all who are students, teachers during this time of crisis. May they discover new ways of learning. For those who feel alone and isolated bring comfort, for those who are bewildered bring calm and to all give a desire to seek out truth and real wisdom.

Almighty God, we give thanks for the many people who have responded to the call for help; for those

retired people who have returned to work, and those who have volunteered to care for others.

Continue to stir in all of us a concern for our neighbour, that no one will be forgotten or neglected. As the crisis continues, so may the foundations of society be reset towards a more caring and compassionate community that cares for all. We pray in the name of Jesus, the good shepherd

### **The Blessed Virgin Mary**

Almighty God,  
who alone knows the course of time and history,  
may we, like your servant Mary  
see the world through your eyes,  
where the weak and poor are raised up  
and those who keep the faith will be rewarded.  
For in you we will remain faithful and  
strong. Amen.

*Luke 1:39-45*

### **The evening prayer**

Lighten our darkness, Lord, we pray, and in your mercy defend us from all perils and dangers of this night; for the love of your only Son, our Saviour Jesus Christ. Amen.

Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen

### **Our Orebeck Benefice Pilgrim's Prayer**

**O**pen our hearts to your love, Father God, as we journey with you;

**R**enew us each day, as we dwell in your presence.

**E**ncourage us when we feel downtrodden,

**B**ring us comfort when we are sad.

**E**nlive us so that we may always be ready to serve You, and

**C**are for others in the strength of God's love.

**K**indle, we pray, all that works towards the coming of your kingdom. Amen

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all, now and for evermore. Amen.

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Monday to Saturday